

THE LIFE FORCE

THE CHANNELS - AN INVESTIGATION FOR BEGINNERS

RA URU HU



INTERNATIONAL HUMAN DESIGN SCHOOL



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INTRODUCTION

The Life Force energies of the Channels is one of the least explored areas in Human Design. A great deal of written and audio material is available about Gates but very limited information on the Channels.

This course, originally taught in an 11-lecture series in 2008, was designed for newcomers as well as long time students of Human Design. It offers an in-depth examination of the Channel as a quantum expression of Gates.

We hope you enjoy this journey.

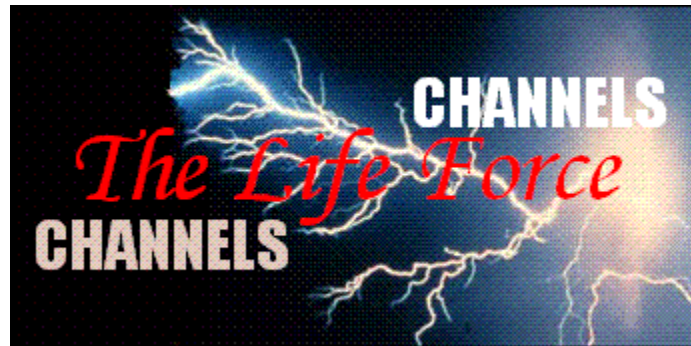
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LECTURE ONE

From Pressure to Conceptualization

Hello and welcome to all of you. I mentioned before the class that I think the last time I actually, specifically did a course on the channels was in the middle of the 90s, maybe '95 or something, so it's interesting for me at this point in my own career to actually return here. The channels are something, in so many ways, not really seen any more. There's so much



information available that when you're looking at a design, the interest you have in what you are looking for, what you want to see, the simple things in Human Design are often left behind and at great risk because despite its depth; it is in fact simple knowledge. It is knowledge where its great secrets are very obvious and on the surface. It is not the esoteric. Human Design is not esoteric. It is a logical system. And because it's a logical system rooted in a specific set of patterns and rules, you don't have to be a rocket scientist to be able to get to its essential truths.

It is these basic superficial and essential truths that are really the framework upon which you can build your own process. Teaching at any basic beginner level, my interest is about the individual. Each unique being, each of you in that sense, and being able to see that in returning to the simple, and for many of you who I know are involved in very complex programs in Design, that it is very—I was about to say healing. In a way it is. It's very healthy—probably a better way to put it—to return to the simple because it's here that we have the very foundation of what it is to be us, what it means to discover our nature, and nothing is more profound than the channel itself.

The Design of Forms

When I was given the knowledge, I was not given specifically the Human Design. I was given the design of forms, of which Human Design was one of the forms. And it began with the inanimate. When you look at the inanimate in terms of Design, in terms of the way in which it's illustrated, the G Center is the only center, and the



only potential activation is the 25th gate. In other words, the inanimate is simply the potential of a simple gate; nothing more, nothing less.

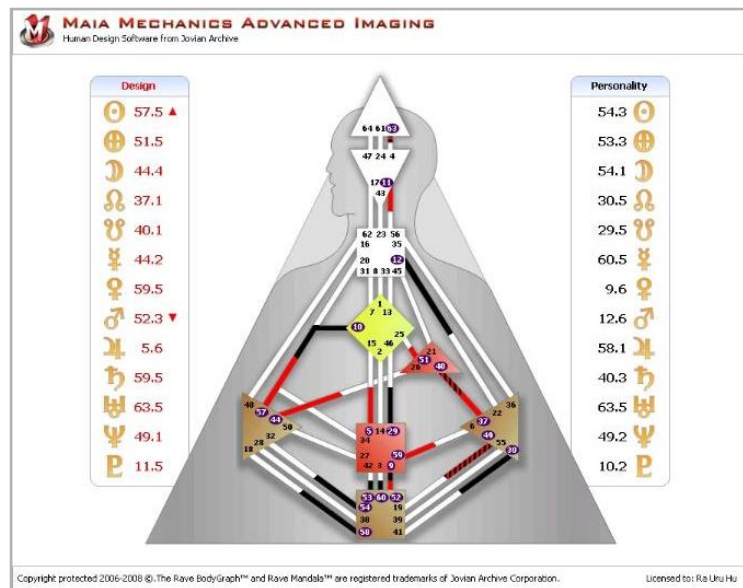
But the moment you take the next step in the form principle is the moment you go from simply the potential of a gate activation to the potential of channel. That's what you get when you look at the design of the single cell. You see that this transition between the animate and the inanimate, this extraordinary movement in terms of design is so beautifully and so obviously illustrated. It is the channel. The moment there is this possibility for what is, in fact, a quantum, a whole that is greater than the sum of its parts, a whole that is transcendent from its parts. In the language of Design you would call it the juxtaposition of this and that. And in that juxtaposition comes the phenomenon of what we experience of what is called the life force.

The Channels

One of the most interesting things in terms of, personally speaking, looking at my own career in teaching Human Design, perhaps the area that has been the most weakly substantiated or investigated or expressed or taught has been channels. All of the ways in which channels have been dealt with is through the interpretation of the values of the gates and how those values of the gates can be brought together.

But in fact, it isn't really what channel is. The thing that's so interesting about the channel is that it is so much more than the sum of its parts, because the sum of its parts is very, very specific. And yet, the channel itself is a much broader force. And what does the channel represent, when you think about? There's

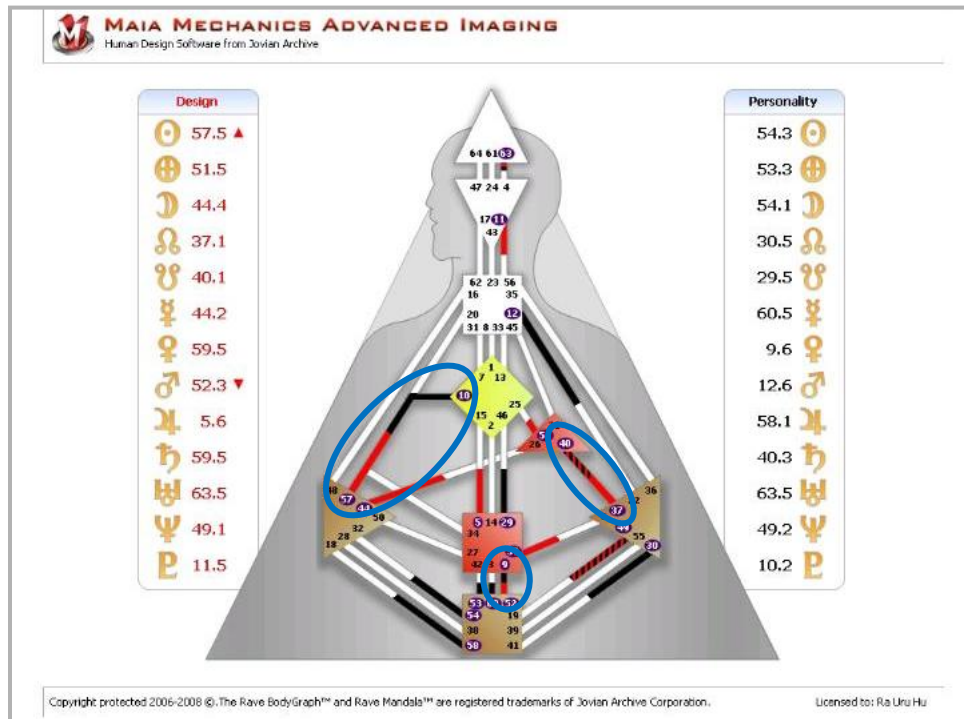
nowhere to go in Human Design, nowhere to go without it, or the lack of it in the case of the minority of the Reflector. The reality is that when we're looking at somebody's design, it is the channel itself that establishes everything or the lack of it. It establishes the very nature of the way in which a being can operate correctly. It is out of the definition that we're going to find Type and we're going to find Authority.





A Circuit Board

But it's more than that. I can remember going back to my earliest personal readings. I would describe or give a definition of definition. Basically the way I would refer to it so that it was really ingrained—because I would repeat it again and again—if you look at the bodygraph for what it really is graphically, it is a circuit board. It is very important to see it that way. It's a circuit board. And when you see it as a circuit board then you can begin to look at it in terms of how the energy flows. After all, it's a circuit board.



The first thing you get to see in the circuit board are certain areas that are permanently connected to each other. This is the very essence of definition. You've got an activation at one end of the channel and you've got activation at the other end of the channel and the by-product is that the whole channel is colored in *[above in blue]*, the centers are turned on and you have a fixed, consistent movement of energy. This is the life force, a fixed consistent movement of energy.

One of the things to understand about definition that's rarely seen—in the sense that you look at the surface and you see this definition—but what you don't really see is how fine a line that is, how narrow a fixing this is. It is that fixing that is going to come out of the specifics of the way in which this being happens to be defined, those specific lines, the way in which they specifically interact with each other, fixed together. Which means that all of the other possibilities—and there are thousands for each activation—are not part of what is this fixed life force.



Everything is a Binary

Everything is a binary. Everything is a “this” and “that.” This is what we are; again, with the exception of the Reflector. What we are is “this” and “that” that you get to see so obviously in our design; that is, what is defined and what is not. In the Reflectors it’s simply a matter of what is activated and what is not. It’s another kind of “this” and “that.” But for most of humanity it is this very binary that establishes what is going to be their nature, the “this” and the “that.”

Everything about what is fixed is that it is incredibly narrow, narrow, narrow, narrow, narrow, because after all, what you’re looking at is the foundation of what is your differentiation. And it needs to be incredibly narrow. It is limited to whatever the number of activations happen to be; most of the time it’s simply one at either end. And it goes down beneath the line to the Color and the Tone and the Base to something that is very, very, very specific. That is very fixed and narrow.

Now, not only is it something that is deeply fixed and narrow, but it is the only thing in the design that is always, always, always functioning. The most incredible thing about your activations and your definitions is to understand that they are what they are. And they’re going to be that way always. It is the only thing that you’re ever going to deal with in this life that is truly consistent, the only thing; there is nothing else. It is consistent with every breath from the beginning to the end. It creates the great irony of what it means to be not-self, that you are so removed from your life force that you get lost in what you are not and you disappear into that what you are not.

Moving Away From Mind

At the very basis of Human Design is a goal, the goal to liberate the self, the being, the unique being, the individual. And of course, the only way you can do that is you have to move away from mind, because there is no way in which you can live out the potential of what your life can be if your mind is making the decisions. It simply doesn’t work. It cannot work. As long as you’re making decisions with your mind, you are cut off from your unique life force and are spending your whole life tapping into everybody else’s, tapping into what the program imposes on you so that you think it is your force, and it’s not. It is this unique life force in each of us that, when you’re operating correctly, is what begins to emerge. Its power begins to be displayed. Its correctness becomes your frequency.

The channels are the very root for all of us. Because what they’re really pointing to is the fixed, narrow imprint that we are here to fulfill. You’re not here to fulfill the potential of the not-self. You can’t; there is no such thing. This is just about becoming homogenized. It’s falling into the rest of the sadness and frustration and pain that is the nature of being on this planet. The normal world is filled with human beings who are deeply disturbed. And they are disturbed because they are not connected to their unique life force. They are always trying to accommodate, fit in, work with, and be like what they’re not.

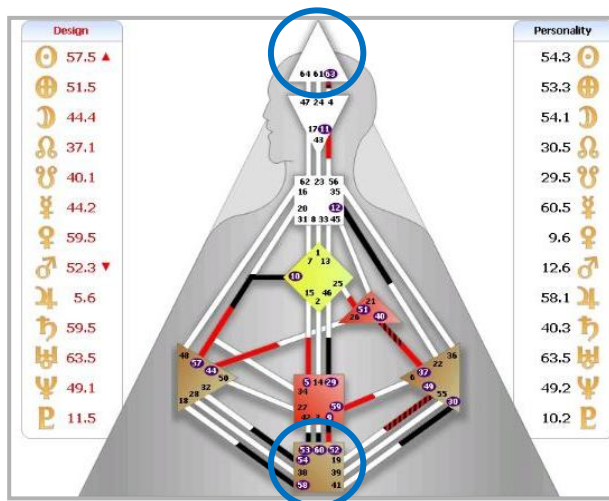


The channels themselves lay a foundation for what we are here to perfect, after all. The moment you express your nature correctly is the moment that perfection is what it is. It is the same word as saying unique, because there is no comparison. But there is something else. When you live out what is your true nature, you tap into this force. It's your life force. It has to do with your health, your vitality, your spirit and your mental acuity. Because this is where your power is, this is where your essence is. This is where your gifts are. This is where your promise is; this is where you're different from anybody else. And it's about tapping into it. You don't do that by thinking it.

At the very basics of Human Design is a very simple thing. What we have been able to learn from the revealed mechanics is a way of understanding how we can navigate on this plane in such a way that we get to live out our true potential, the potential of the form, the potential of our vehicles, because it is the vehicle that is the life. It is the vehicle that empowers this life force. When you're operating correctly, what you're doing is enriching the potential of this holistic being because you bring out the essence of yourself. It's there in the channel.

The Two Pressure Centers

It's always interesting where you start things. If I think back to my early teachings of channels I always started with integration. But I had a different intent. So I'm starting at a different place. I guess it's the world of madness, the mind. It's so extraordinary for me to look at the potential of self-reflected consciousness and to have been privileged enough to be able to experience in my life the enormous gifts that mental ability can bring. And yet, at the same time to look out at the world and see the way in which the awareness level of this plane operates.



It's one of the most fascinating things about the program and the way we're conditioned. There are two pressure centers in the bodygraph. Other than the early reference you get when you're taking an ABC course, the fact is that these pressure centers are not given enough attention nor enough respect for the influence they have on the life. They are what drive us, the Head Center above and the Root Center below. What is so fascinating about the Head Center itself is that 70% of humanity—that's an enormous number of human beings, it's around 6 billion human beings—70%

of humanity has an open Head Center, undefined Head Center. Of course, the not-self strategy of the undefined Head Center is **thinking about things that do not**



matter. It's not so much that a thing, in and of itself, could not be of value; it's simply that it does not matter to you. And 70% of humanity thinks about things that do not matter to them. That creates an enormous pressure. It is one of the great conditioning forces on the way in which humanity conceptualizes.

It's also something to grasp that the influence of people who have definition between the Head Center and the Ajna Center are by far the most influential conditioning forces on the planet as beings. Think about that because it's quite something. After all, if 70% of humanity have an undefined Head Center, those 30% who carry Head Center to Ajna definition have an enormous impact on the society as a whole. What that says is that the way in which the 70% think about things is being conditioned by the 30%.

Inner and Outer Authority

We also know that they're not-self. And the lack of correctness in their own nature leads to an enormous amount of mental thought that is not of any value to anyone. When you think about it and what human beings think about on a day-to-day basis, you realize that 70% of them are thinking about all kinds of crap that doesn't mean anything to them. That's really quite something to imagine. One of the most profound areas of necessary development in humanity is correct Outer Authority—we have an Inner Authority and we have an Outer Authority. Inner Authority is the decision making Authority, the Authority you have through your Strategy. This is making the decisions to literally move the vehicle in space.

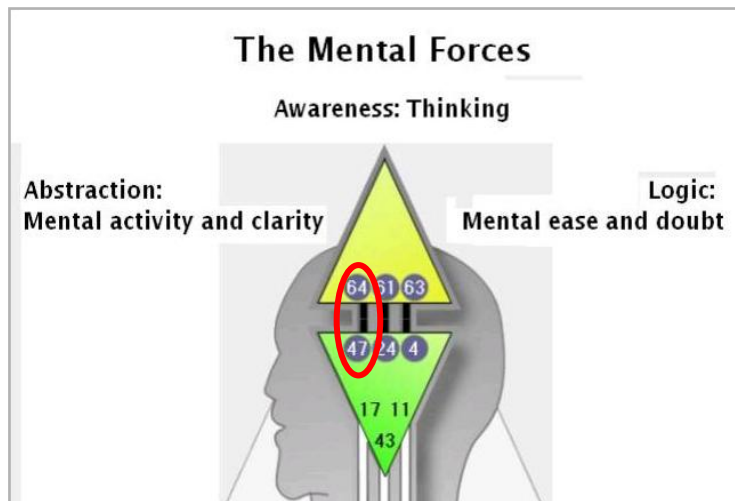
But we're not here alone. One of our extraordinary gifts is a phenomenal level of ability to communicate with each other. Outer Authority is when the mind has the ability, or the passenger in that sense, to simply express what it experiences conceptually. Now remember that when your mind is both Inner and Outer Authority, that is when you're not-self; there is no truth. There cannot be any truth. As long as your mind is trying to control what's going on in your life, then what you express in communication is going to be inherently dishonest. It just will be. It's always going to be serving an agenda of one kind or another. True Outer Authority is simply the expression of unique conceptualization. And quite frankly, unique conceptualization that has no agenda; it is simply expressed. It is the way in which all of us, in a sense, are intended to be able to communicate with each other.

The moment you grasp what uniqueness means, it means that within your own Authority you are also unique in your capacity to be able to express how you experience being on this plane. It is this ability to express that without agenda that offers the other something that can be truly of value. We're here to interact and communicate in a way that is honest and a way in which the mind gets to display its true gifts. But you can't have a mind that is busy thinking about whether you should do this or that, or whether you want this or that, and all the stuff that goes on with the mind; not only are you thinking that, but you act on it. That's the moment your ability to express real Outer Authority is lost.



The 64/47 Abstract: Experiential

Let's take a look at these mental forces and see what they're really about. I'm not going to talk about the gates. I'm not going to tell you what the gates are. I don't want the gates to get in the way. So let's begin on the left side with the abstraction. Whenever you see the abstract in the language of Human Design, what you're really looking at is the **experiential**. This is an experiential mind. Remember, we're only talking about it defined. This is an experiential mind. Now, that's something that is very, very different, because the experiential mind plays around with the way concepts look, feeds the possibility of concepts differently, toys with things. When you're looking at this experiential mind, it's far, far from being grounded. It can get



silly; it can get way out there. You can see that the force that is here in this experiential mental process is the force of activity—busy, busy, busy, busy, busy, busy, busy, busy, busy.

The experiential mind, well, it doesn't really understand rules, and because it doesn't understand rules, anything can lead to anything. It doesn't necessarily hold together when that 'anything' can lead to any-

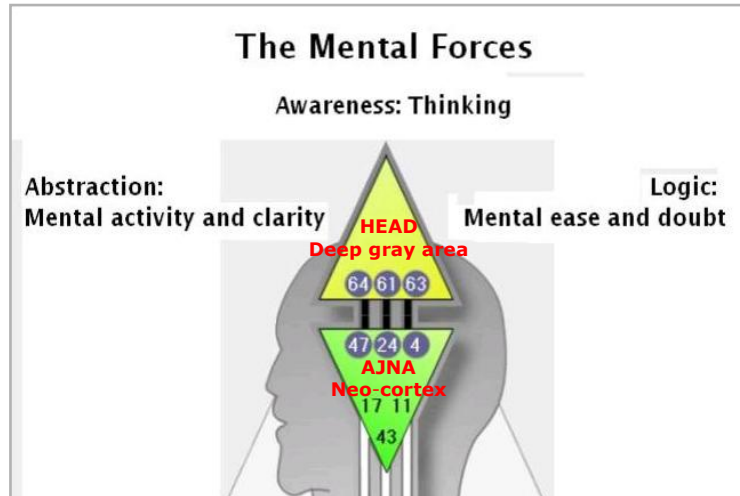
thing is handed over to somebody who is logical, they go, "What, what, how did you get from there to there?" This is the experiential, abstract activity. It isn't just dealing with one thing one way. It's dealing with one thing so many ways that it sometimes gets off on a branch and forgets all about where it started—mental activity. But there's something really incredible about the experiential process, the experiential mental force. With all of that activity, there is this moment that comes of, "Ah, got it," this clarity.

If you think about the mental, abstract force, it is a pressure relationship to the way in which the emotional works, and particularly the emotional abstract. But even generally, because what you're really looking at is that it is this experiential force that actually dabbles in all kinds of possibilities, regardless of whether there are rules that say that you can do that or not. And because there are all these different ways in which something can be processed in that activity, there's the possibility of landing on that one thing that suddenly, mysteriously emerges. It's this 'making sense.' And this making sense isn't just about, "All right, this is the way we look at it, this is the way it works." No, this is not what this force is all about.



It is simply busy. And it's busy dealing with the consequences of being alive. This is one of the most complex connections in the bodygraph. They are, in essence, a unit. Biologically, you can see the Ajna is the neo-cortex and the Head Center is the deep gray area of the brain. So what we have here is a conceptualizing area. This neo-cortex that makes us so unusual. This place that houses our potential of self-reflected consciousness and the storage zone.

Now, the thing that makes the storage zone so incredible is that we are unbelievable absorbers of stimuli. It's just that, given the fact



that we are a bio-form that has evolved, there are certain things we simply do not recognize that moves through us, as an example, whether that is subatomic particles, whatever the case maybe. In other words, we have certain limitations; we have certain aspects of the spectrum that we recognize as stimulation. But the fact is that, as an example of a human being, a conscious, awake human being in the experience of their day takes everything in. Now, they take it in in different ways, because we have different kinds of mental systems, something that we explore at deeper levels. For example, in Rave Psychology where we look at the different kinds of ways in which mind is operating in this new form.

But the fact of the matter is we are still taking this stuff in and it sits in here. Now, the whole thing about understanding the experiential process is that every experience then gets put through this mental activity. How can we say that? It's sort of like taking a beam of light and putting it through a prism. Every single experience is put through the prism of the mental activity, so that each experience gets—I was about to say re-lived, but I don't want you to take that too seriously—it gets worked out over and over and over again. In some people, as an example, it can lead to them totally misremembering what actually took place, because in that mental activity they get to a variation that somehow impacts them and they hold onto that variation of what they think the experience was all about, that piece of clarity for them.

But to understand what happens, every experience is being dealt with in that way; every experience. It's why it's so difficult for somebody who has it consciously, as an example. It seems like the mind just won't stop. There's all this stuff and that's only the surface, because this activity is so deep and intense. And it is operating at so many levels. Not all of them is one consciously being tuned into. Again, I'm not talking about the way in which the gates work, for example in this case the 47, how it deals with this. This is just about what the force is. In this energy force, in this



mental, pressured force is all of this activity and everything that has been taken in experientially, all that experiential stuff is being broken down in the prism in as many ways, and it doesn't stop there. The results get broken down again. You can get very, very far away.

It's one of the dilemmas of these forces, particularly on the abstract side, and simply because there is just so much activity. You have to realize that if you're dealing with somebody who is not-self and they're not operating correctly and they're under this enormous pressure to dictate their lives from the mental plane; they're going to end up relying on this force in themselves. And they're just not going to be able to handle it. They're not going to be able to handle all levels of it, because despite the fact that you 'get' in that moment of clarity doesn't mean you ever get certainty. You don't.

And again, we're not talking about the process in the sense of where it goes to and how it finally gets expressed and all of these other things; just begin to grasp the force. Remember, looking at things this way we can look at the species, us, human-kind. We can begin to look here because it's very important to see it, these three great forces that define the way in which we conceptualize, the way in which we look at the world. So, one aspect of it is that everything experiential can never be left to just stand. There is no "just been there, done that." So we are driven, we are driven mentally, intellectually to break things down over and over and over and over again and split them apart and look at every experience from every possible direction, even though 99,000 out of 100,000 of them are useless, but it's part of our genius. It really is.

No Absolutes

It's a very deep, profound force that drives us never, never to say "This is it." That can be very difficult for some beings. This life force does not recognize absolutes. It does not. There is no such thing for this force; it's not possible. And "absolute" simply becomes another thing that can be worked over and over and over and over and over and over and over endlessly, parsed and broken down and reassessed. It's the magic. But if you're not correct, if you're not aware, that can be an extraordinary burden. It can leave you feeling that there is absolutely nothing in this life that you will ever be able to trust, no certainty that you will ever be able to accept, and no absolute that will ever give you wholeness. It's such a thing.

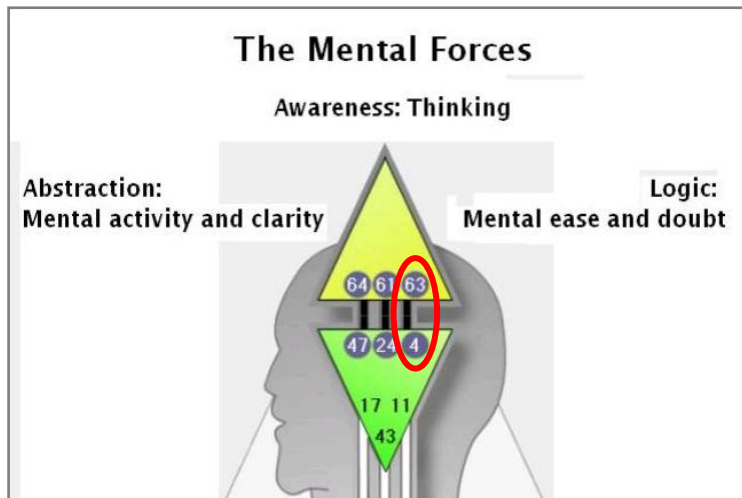
Remember, this is a general expression of a force. It's not about the nuance of how you live with it relative to your design, to the correctness of what it is to be you in this life, and so forth and so on. And it doesn't mean that if you are correct you cannot live with such a thing; you can, it is correct for you. But it is to begin to see, because of the very nature of this force, that if you don't accept it for what it is, the beauty of what it is, it becomes your curse. It becomes a weight and a burden. It becomes so difficult to dream, and I mean dream in the sense of the fantasy of what's possible or what could be.



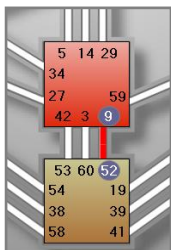
The 63/4 Logic: Experimental

When you look at these, you would think that the doubt of the logic created more uncertainty, but it does not. It is here in the experiential. This force keeps us on our toes. It does. It drives deep, deep creative processes within us. It is in that sense, the mother of all ideas. I'm a great admirer of this imagery of the bodygraph. I think it's one of its beauties. The symmetry here is extraordinary, these two collective processes.

And obviously with logic we're dealing with something very different. We're not looking at the experiential, we're looking at the **experimental**. And of course, what that means right away is that logic, in its experimenting, is very, very limited in what it works with as a force. In other words, it is a force that is locked into things. It's not like the experiential. It's not all of this jumble of neural firing that, in essence, this mental activity really is, this endless, endless, endless, endless, endless activity that covers everything and anything. The logic is different. It's different in that it simply hones in on things. It's its job.



When you look at the Root pressure in the logical system, that 52nd gate to the



9th gate, and you look at this incredible power to be focused and concentrated, this narrowing perspective, this is the logical mind. This force is very, very narrow and very, very focused. Now yes, there is ease in this, because the focus is limited to the experiment with the pattern, nothing more. The only dilemma that arises is when there is something wrong with the experiment, with the pattern. And the moment there's something wrong with the experiment in the pattern, there is a release of fear.

When we talk about the Ajna Center, we talk about it in terms of fear. This is a center mental anxiety. We've already seen, or one can interpret that out of the intense mental activity, the result of that in somebody who is unprepared, who is not-self, who does not operate correctly, that the intensity of that can lead to all kinds of anxieties just about anything, because again, the lack of the trust, the lack of the certainty.



But it's very different from the deep, visceral fear that emerges in the life force when doubt is present. We are governed by logic. This form that we are, the life forms on this planet, is all rooted in logic. They are all built on the cellular infrastructure



which is the channel 15/5 which is the first and foremost life force in the vehicle. It is logical. We operate out of patterns. The moment that the pattern doesn't work, this is deeply, deeply frightening. It is much more upsetting for someone logically to find doubt than for someone abstractly to have confusion; in other words, all the multiplicity of activity, because the doubt is life threatening, because it's about the future.

These collective forces are about the past and the future. The experiential is rooted in the experiential past and then processing it and reprocessing it. But for logic it's always about: is tomorrow going to be okay? Are the trains going to run on time? Is it all going to be there? The moment there's doubt, wow is there fear. It's one of the most corrosive elements on the planet because it touches each of us at our core. We're setup. There's this mental force that's always driving us to make sure that we process everything we've been through, grind through all of it, dig through the garbage, find the roses, find the treasure, find all that stuff. And on the other side of that process, the mirror of that, is this staring out ahead, checking the way, constantly, constantly on guard, constantly alert, constantly looking to see if anything is breaking down.

The Open Head Center

Think about all the people with open Head Centers, the 70% of them. They're being conditioned by either the experiential or the experimental. Let's take doubt for an example. The moment somebody gets up on the international media and raises doubt about our survivability or the economy or this or that, there is this fear that goes rushing through; it just does. And of course the moment you have an open Head Center, somebody else's doubt becomes your amplified doubt, and the distortion of what it is to live in this not-self world.

There's an irony in all of these things. I do enjoy them. Logic has a problem because is always afraid of something. It's why this force exists. Why this force is there to check out the patterns. It's not really checking out the patterns to find the flaw in the patterns, it really isn't. That isn't its major concern. Its major concern is mutation. It's the most dangerous thing for logic. The most shattering of all things is mutation because it can totally breakdown the pattern, totally. And logic knows that so deeply. It goes back to the design of the single cell; the 15, the 5 and the 3, that possibility of mutative transformation; in essence, the story of how we evolved.

So, logic is always on guard for mutation. This is actually a force that fights to keep mutation away. In essence, it is very conservative. It wants to stay with the true and well worked out pattern. It doesn't want to try anything different. It doesn't want to risk that, it doesn't want to risk having ease in its process. These are people

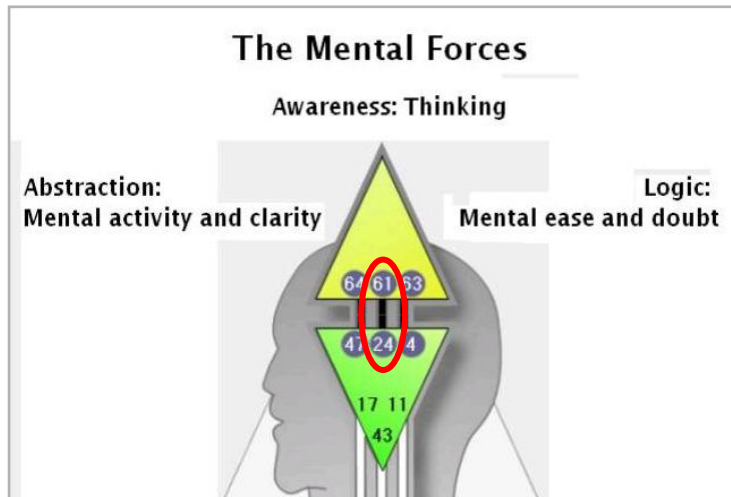


who are happy with their little fixed pattern because it makes their life easier if they have this fixed pattern to it. Don't break their pattern. You break their pattern, they get really afraid. They can't get out of the box. They're afraid of what's out there.

Now, again, I'm doing a lot of anthropomorphizing in order to give you a sense of it. But I want you to really grasp what logic is there for. Logic is on guard. It's on guard, making sure that everything is going to be easy. We benefit greatly from that, after all. The patterns we establish to make it possible for us to live in these vast megalopolis, how it's possible for millions upon millions upon millions of us to live in confined areas and have enough to eat and not kill each other, I mean regularly; the ease of establishing the patterns.

The 61/24 Individual Channel: Acoustic

The moment you move away from the collective and you move to the individual, speaking of Human Design circuitry, you step into a different framework entirely. It really is. Everything about the abstract and logical processes is rooted in the visual cortex. They're deeply connected to the way we see. And when I say 'the way we see,' I don't just mean that in the physical sense of the way in which the eyes and



the retina and so forth work, but the way we inner see, the way in which we bring things together. This is the work of the visual cortex.

The thing that makes the 61/24 different is that it is so deeply **acoustic**. So it isn't about "looking at things" that you get in the experiential and the experimental. Here what you have is an acoustic force. It is a sound force. Now, it has an interesting label, this

thinking. Whenever I look at that, I think about the statue of *The Thinker*, this pondering. This is about hearing thoughts. And when I say 'hearing,' I mean this inner hearing. This is a hearing of thoughts. There is no control over that.

It's not like this is either abstract or logical. It doesn't work that way. It is simply being able to hear the thoughts. They are an acoustic phenomena. And it is this inner processing of the acoustic thought program that is what this force is all about. And of course, what this brings is the potential for mutation. It just does. And it brings the potential for mutation because there is no past or future to it. There isn't. There just isn't. One of the dilemmas of this force is because it is full of acoustic thought, it does not mean that acoustic thought is correct, whatever the case may



be. But the thing to recognize about it is that where the abstract and the logic are collective, here in the individual this is no longer about the 'us,' it is always about the 'I am'; always about the 'I am.'

When you're dealing with both the abstract and logic, their force is always connected to the other, always, always connected to the other. The fear that logic has of the pattern breaking down is the fear for others, fear for its family, its friends, whatever the case may be. This reprocessing of the experiential is the reprocessing of the experience of being with others and what happened. But the force of thinking is the 'I am.' It's just 'I am.' And of course, it is full of trying to know 'I am.' This is what it's listening for. It's listening for the echoes of the 'I am.' And of course, they come and they go.

This is not about gates, because the moment you bring in the values of the gates it is very easy to add meaning to what the force is. But you have to grasp the force by itself. The force by itself is a force of sound. It's just acoustics. And it's the acoustic echo of the being existing; nothing more, nothing less; the acoustic echo of the being existing. That's a real 61/24 comment, because it's very difficult to break it down any other way. If we could see these things, if we could illustrate them, or if I could illustrate them differently, I could show you movies for the abstract and the logic. But I can only give you an audio for the thinking. There is no visual context to it. There isn't.

It's what makes it so difficult to bring it down to earth. The abstract and the logic never leave this plane. They don't. They don't leave it in the sense that they are always relating to it, always. But this 'I am' acoustic-ness, this is nowhere. It always seems like it comes out of nowhere, this return of inner truth over and over and over again. It's always there, the echo inside. If you're an acoustic being—I'm deeply individual with an acoustic mind. I can always hear the echoes. And the echoes in themselves, every once in a while, express something that you don't know where the original was, if you know what I mean. It's how mutation happens. Between the new one acoustic pulse to the next, something changes. All of a sudden there is this potential of "I know, I know." Of course, it was always there.

This is the whole thing about understanding the Head Center specifically. Literally, our inspiration is coming from within us. It isn't coming from out there. It's coming from within; we store everything. We don't access everything, but we take it all in. It's out of that that comes our possibilities of clarity, of doubt, of thinking.

Embracing Yourself

It is very beautiful to understand the way we're designed to work, the way in which these forces are intended to work. And the moment you separate that from the dilemma of not-self—because the not-self can never truly get to experience the profundity of the force that is there within them until they are correct. And I'm particularly talking about these mental forces, that if you're not-self, it becomes so distorted that you end up with enormous problems wherever you go. The abstract



being who is totally stressed out on the mental plane, the logic being who is full of fear, the individual who is simply out of it, unable to just take care of business, it's what happens.

The moment you move away from your mind dictating what your life is going to be, the moment you embrace what it is to be you, then these forces don't just simply work well relative to you because they are your nature. Think about where I started today. 70% of humanity has an undefined Head Center that is going to be conditioned by the 30% who have it defined. Now, wouldn't it be nice if we were inspired by those who were correct? That, in the end, is what it's about. The thing that makes anyone who operates correctly on this plane so special is the way in which they affect the other.

Understanding the Forces

These are forces. Don't just see them through gates. This is what makes channels so profound. They are a force. Yes, the gate; we'll give you the nuance and the line, and so forth and so on. But you need to grasp the power of the force itself so that you can accept it if it's in you. Then you can see clearly what it is. And it's okay. If you're 64/47 and there is all stuff going on, it's okay, as long as all that stuff isn't telling you what to do and as long as you're not obeying. That's the real secret; everything is okay. It is what it is.

In the end it becomes valuable to the other. Not just in the form of you conditioning the other physically, but what is possible out of your Outer Authority. The purity of that, the beauty of that starts with the simple: Strategy and Authority. You can never figure out and control what you're meant to be. You can only live it. And that means letting go of all of your expectations and your identification with this and that and the other thing. Give yourself self a chance to actually see who you can be. That's really the great joy in this, because it's a surprise, always.

Anyway, it's nice to start this with all of you. I hope you enjoyed it. Okay until next time; bye for now.

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Next month: *The Metamorphic Life Forces*



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