

THE LIFE FORCE

THE CHANNELS - AN INVESTIGATION FOR BEGINNERS

RA URU HU



INTERNATIONAL HUMAN DESIGN SCHOOL



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INTRODUCTION

The Life Force energies of the Channels is one of the least explored areas in Human Design. A great deal of written and audio material is available about Gates but very limited information on the Channels.

This course, originally taught in an 11-lecture series in 2008, was designed for newcomers as well as long time students of Human Design. It offers an in-depth examination of the Channel as a quantum expression of Gates.

We hope you enjoy this journey.

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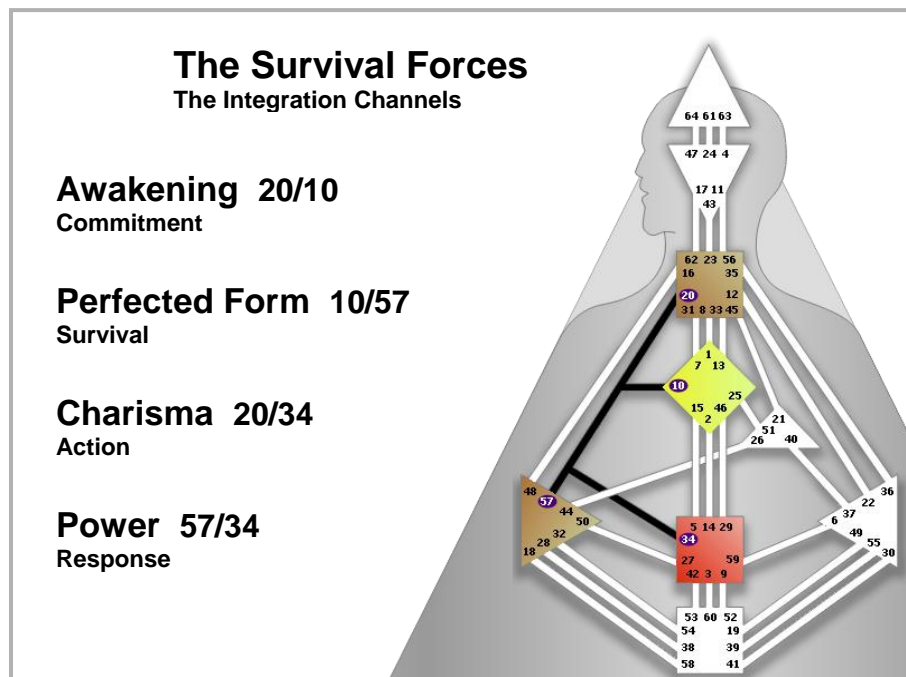


LECTURE THREE

Integration: The Survival Force

Hello to all of you. Later today, as you well know, it is the Rave New Year with the Sun going into the 41st gate. I want to wish you all an interesting year and an entertaining year. It's always nice to start with clean, fresh slates. It's a great year; trust in yourself.

Anyway, let's get on with our life forces. From the very beginning my work in looking at the bodygraph—I think I've mentioned this a number of times over the years, particularly when I'm training people to be professionals—how important it is to understand the graph, that is, to visually grasp it. One of the things that I began with was just simply looking at this graph as a circuit board and trying to understand the way in which things move. The moment you do that, the moment you look at the bodygraph with naïve eyes, and basically that is what it demands, is that there are a number of things you end up noticing. The most obvious of all of them is the complexity of what is called the integration channels, the complexity of what it is to have a four-gate system. And obviously this is the only system of its kind. It is the only circuitry, within the context of bodygraph as a whole, in which we have such a complexity.

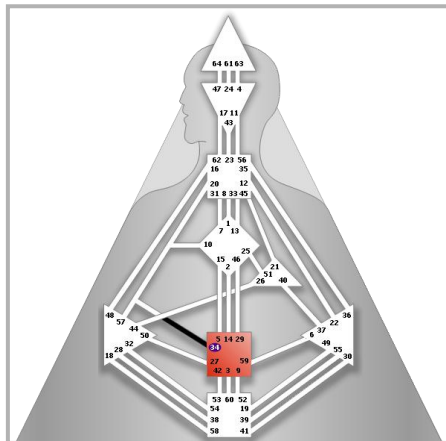




The 34th Gate

Obviously, it means that these gates are different. It's something to be clear about. Take the example of the 34th gate, because the 34th gate is the most obviously different gate of the Sacral Center, and it truly is. First of all it breaks the symmetry of the Sacral. The moment you see that anyway, everything about the bodygraph is rooted in all kinds of symmetries. Clearly here in the bodygraph with the three above and the three below and the imperative genetic gates on either side, you have this perfect, nice, symmetrical structure, and then, oh, there's the 34th gate.

It is the only gate of a Center—which is obviously the most significant motor power we have on the planet in the sense that this is the source of our fertility, our reproduction, our capacity to be able to generate and maintain life—that of all the gates of the Sacral Center only one is given the name of the *Gate of Power* and that gate of power is the 34th gate. The 34th gate is interesting in many, many ways. It takes away attention from every place else. I think it's one of the things to grasp about the 34 when it's operating. When it's operating, the attention of that being is totally absorbed by wherever the 34 is putting its power.



An example of that is the way we describe the channel 20/34, which is the *Channel of Charisma* and one of the aspects of this. We talk about this being a channel of busyness, and busyness to the point that everything else gets excluded. "Darling, the house is on fire," "Sorry, I'm busy

right now. My finger is caught in the vice; sorry I'm busy right now." Just my black sense of humor; but nonetheless, to really understand something about what the 34 does, it has a very, very funny subtling as a channel. It's where *thoughts must become deeds*.

And of course, it really has nothing to do with thoughts. What it has to do with, in fact, is that whatever that power is latched onto, that's the deed that has to be accomplished, which means it's really obsessive. The thing to understand about 20/34s, they're really in their thing, and they're helpless in that because of the 34. And despite the fact that somebody is calling to them and needs them, and despite the fact that they can be very aware of that and would love to be able to do it, sorry I'm busy; because they're helpless.

The 34th gate is different in the Sacral Center in another way. It is fundamentally asexual. In other words, its power is not power that can be tapped into for reproductive or fertility purposes. This energy is very isolated the way it taps into the overall energy of the Sacral; it is very different than the way in which all the other gates do, because all the other gates have a part to play within the reproductive and fertility process of what it is to be human, not the 34.



The Power to Drive and Empower Three Connections

So again, the 34 creates an illusion of the Sacral Center that has its generative power, which normally carries with it is reproductive fertility. And yet, in the case of the 34, that is not the frequency that is put out because that's not what this energy is focused on. The focusing of the energy of the 34, to understand why it has nothing for what is the essential Sacral process, it does not. Obviously there are enough gates to take care of that business. The 34 has to be able to have sufficient power to be able to empower and drive three different connections essentially and possibly all at the same time.

So the resource necessary in the 34th gate is a resource that is far greater than the actual resources that are there in any of the other gates of the Sacral Center. It is the gate of power. But it's more than that. At the very basis of any discussion of the Sacral Center we cannot escape the fact that approximately 67 or 68% of humanity are Generators. And as Generators, the Strategy and Authority of the Generator is to respond. It is through response that they can operate correctly, that they can have a proper decision making process, and so forth and so on.

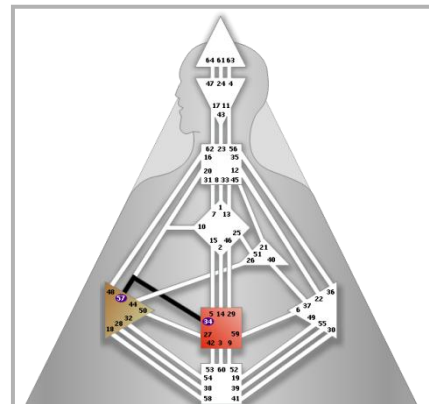
Power in Response

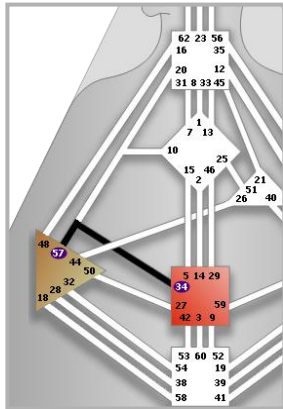
It is something really to grasp about this 34th gate, whose essential direction has nothing to do with fertility, has nothing to do with the sexuality, and has nothing to do with the reproductive power of the Sacral. But in fact, is the key to and is the root of what we call Sacral response. This is power in response. And it is not in response in the sense that we understand it holistically in the context of the strategy for the Generator, but understand what it means in the sense of this is power that is ready to respond to intuition. It is power that is ready to respond to behavior. It is power that is ready to respond to the circumstances of the now. In other words, it is this deep power resource and it's there to respond.

The 57/34: Intuition Empowered

Ultimately out of this, because integration lays the foundation for our survival, is something very, very profound to understand. The channel 57/34, the channel of the archetype; that is, intuition empowered. And intuition empowered is the source and the Root of our ability to be able to survive. Of all the forces, of all of the life forces that we can look at, if we're going to measure them in the context of survivability, this is it. This is the preeminent survival mechanism.

It's also very odd. In other words, when you're looking at symmetry, the thing that is so interesting



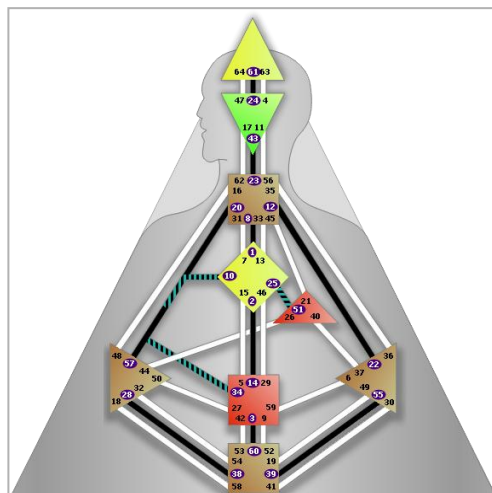
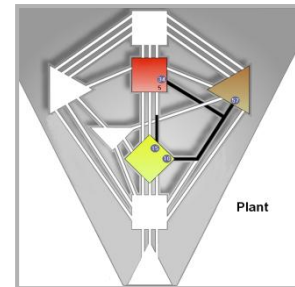


about integration are all these twists and turns; there are all these things that are in there. It is very different in the way in which the energy moves. And it means that despite the fact that there is a direct connection through the 50/27, this 34/57 is a very, very different way and much more primal in the way in which the original relationship between the Sacral and the Spleen was determined. Also something to note, we have about, I think 31% of all humanity are Manifesting Generators, but not all of those Manifesting Generators are really true pure Manifesting Generators. What I mean by that is that you can see here that not only does the Sacral Center through the 34th gate create its primal relationship to the Spleen, but it is also creating its primal relationship to action.

In other words, this action that can be guided by empowered intuition and all of this is response.

The Root of Pure Individual Survival

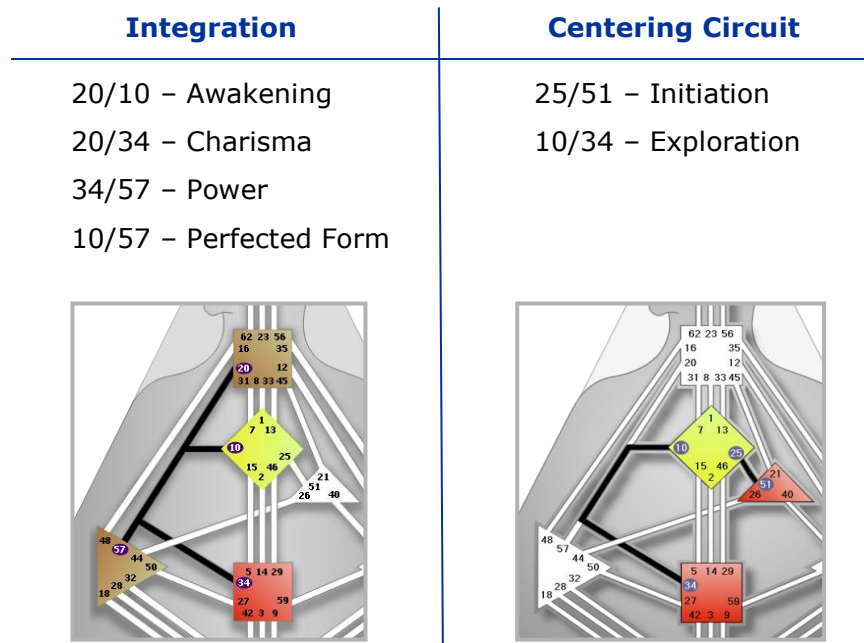
In other words, this is about survival being a defense mechanism, defense rather than offense, even though the offense can come out of it. What we're looking at is the root of survivability in all advanced life forms. Any form that has a spleen, if you look you'll see that after the cell and the plant upwards, they all have a Splenic system, to really understand that this is the bedrock of survival, the ability to be able to respond to the circumstances of the now. This is survival. The epitome of what survival is all about is being able to respond to the circumstances of the now. It is not about creating something. That's not what this is about. This archetypal life force is all about heightened respond-ability, not responsibility, but respond-ability.



When we're dealing with integration we are dealing with the core of individuality. Remember that within the context of Human Design individuality is something that is very, very complex. We have the *centering circuit*, which is the 51/25, the 10/34 [striped channels in the image to the left.] So you can see that in integration [see pg. 31] the 10/34 is not an aspect of it, yet is flowing through it. When we're dealing with the *circuit of individuality*, which of course is the circuit that runs right through the middle of everything, you can see that the 57/20 is part of it, which means that's not an integrated theme. And yet, it flows through it.



When you look at all of this individuality you're actually looking at it in the stages of its own evolutionary development. What you're really looking at here is the most deeply individual, non-social aspect that exists in the bodygraph, what I like to call the *lone wolf*. This is the root of pure individual survival, because if there is no individual survival, there is ultimately no tribal survival, no collective survival, no nothing. The form, the species, has to be able to survive.



Integration: Self-Empowerment

So, one of the dilemmas of integration when you see it in a modern nine-centered being is that those beings who are oriented deeply into integration often have great difficulties in being able to establish the kinds of relationships in which the other feels like they're really there for them, because in fact, they're not. Integration is something that is very cold, and it is acoustically attuned it to its own survival. It isn't attuned to anybody else's survival. It doesn't care about anybody else. It doesn't.

When the rest of individuality comes into play, yes, it can be turned towards being more concerned about the other and more empowering to the other. But this is about as selfish as any configuration can be in the bodygraph. It's about self-empowerment. It is the force of unique survival. It's the one person who makes it out of the plane crash. It's the unique survival. And they got out of there because they were only concerned about themselves. You might say, well, they're not a hero, no, but they're going to live another day. And they may produce more offspring. And ultimately they can keep the species alive because they do not easily go down, because they are so deeply, deeply attuned to risk threat.



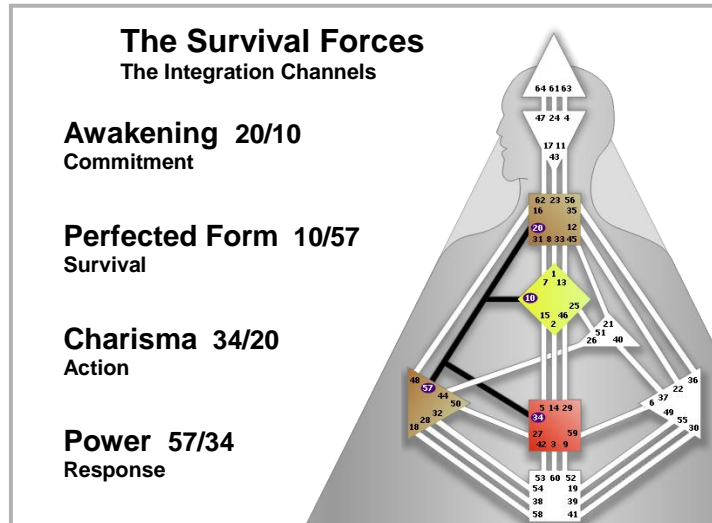
This is what this archetype is really about. I remember in the early years when I was first laying out the information about channels and all that stuff, there were these people who would have the archetype [Channel 34/57] in their design and they would say to me, "An archetype of what?" I said human. They never really appreciated it, but that is what it is. It is the deepest human survival mechanism, the empowerment of intuition, the empowerment of the acoustic.

The 57th Gate: Fear of Tomorrow

Think about the 57th gate. It is the fear of tomorrow. Everything rooted in integration is about fear of what can happen. And it's not about being paranoid. It's about understanding how fragile existence is, how easy it is to leave this plane. Ask the 40,000 babies an hour that die. It's one of the things that we understand; this fragility. It's why we're so concerned about the security of our societies, our food, our infrastructures, the general hygiene, and on and on and on and on. We want to stay alive. This is the mechanism of staying alive.

So here, what we're looking at is the beginning of this whole process. This is the very root of it, this power that is dedicated to our survival. It's very interesting what happens in life. I'm an integration being. I have the 20 and the 10 and the 57. I don't have the 34. So I know it really well because I have a totally undefined Sacral. And it is an absolutely, unbelievable energy source. It just is. It is an unbelievable energy source. I went through a period of experiencing it during a Pluto transit in the 90s. It is absolutely extraordinary the power that it brings. It is something really to grasp about integration really being our root. It really is the thing that keeps us alive.

And of course, it's not the only thing. We are a deeply complex species. It's one of the dilemmas that arises out of the mutation that's taking place in the Solar Plexus system, the way in which we are having a transition in the way our mental system operates; we're moving further and further away from this basic, survival foundation. And of course, this is where we go into very, very risky areas, like the difference between left-minded and right-minded beings. Right-minded beings don't know how to concentrate on their strategic survival; this is the strategic survival zone of the vehicle. It's what's there to keep us alive.

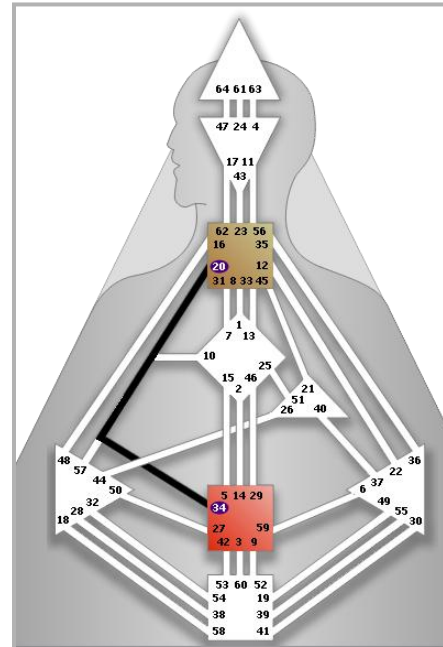




The 20/34: A Driving Force of Survival

Again, that single gate in the way in which it operates, the magic of the 34th gate, it is just simply empowering the intuition, empowering that ability to be able to suss out what's going on in the now. It is doing much more than that. It brings its power to the now. This is the driving force of the integration being, the 20/34. And you know how powerful this force is because it is one of the definitions that exist in the bodygraph that is in opposition in the wheel. So, it is very, very common to see it, people who have it as the Sun/Earth or people who have it nodally. And there are also those beings who just have it from planets, though it's rare. The fact is that the 20/34 is something that is incredibly common. It is a driving force of survival.

And of course, you can see that the way in which the not-self lives out manifesting generating, in other words, the not-self that is suffering from Manifestor disease and meets more resistance than anybody else, that the real power and the glory of the 20/34 has long, long passed. It might have been very, very impressive a long time ago, but within the context of the not-self as the not-self lives today, it's really a mess. And yet, to see it for what its pure essence is: to be able to respond, to be able to respond through awareness in the now. This responding through awareness in the now is the power that the 34 brings to integration. It's its main responsibility, in that sense.



So, we're looking at two distinct life forces. We're looking at the force of pure survival—stay alert, stay alert, stay alert—because that's what it is, stay alert, stay alert, ears open, be ready, be aware, anything can happen at any moment. Here we are on the verge of the Cross of the Unexpected. This is what life is at any moment, at anytime. This is the power that is inherent in this. And at the moment there's something, there is anything, then you have this incredible power. This is an incredible power. There really isn't anything like it. It is real powered action.

You can see why pure Manifesting Generators have such an ordeal in shaking the Manifestor trip because they've been conditioned to think that they have to decide what to respond to mentally. And then they put their energy to work to what they think mentally they should be doing. And all they meet is resistance. This is a response mechanism. It is a response mechanism to take action in response. It's why it's so important that 20/34s, as part of their life process, there are those beings in

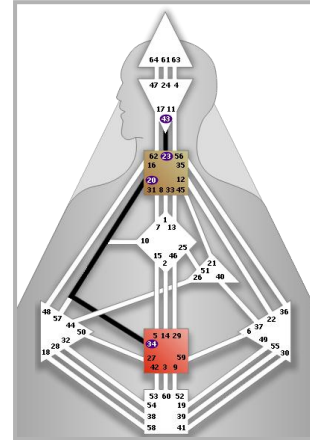


their life who can give them guidance. There are those beings who they can respond to in which their response is going to enrich their process.

The Connection of the 20/34 to the 43/23

One of the most profound connections of the 20/34 is to the 43/23. And in the classic sense of seeing the 43/23 as a Projector and seeing the 20/34 as a Generator, and this idealization of the inherent relationship between a Projector's ability to guide and recognize and the Generator's capacity to respond and through that response to be able to triumph. It is the essential partnership.

For those of you who know my discussions about Generator/Projector relationship and how important it is for our future, this is where you get to see the underlying foundation of that relationship. In other words, the need for response to be guided. After all, it's just logical. One has to have something worthy to respond to and it's only when there's something worthy to respond to that one can then go into action. That's what makes them so impressive. They can be extraordinarily impressive. If they are intuitively with awareness empowered to action, that is truly charismatic. That's where what needs to be done gets to be done.



Not-self 20/34s are the most pathetic beings one sees. I only mean that in the sense that to be a Generator and not use your power correctly means that you can never find satisfaction and you can never reach your Signature. To be a Generator and not to be satisfied is a terrible thing. It can be enormously painful at the Manifesting Generator level when they're incorrect, enormously painful, the level of frustration. And it's not necessarily frustration with anything specific, it's the deterioration in their system from putting their energy to work for things that do not deserve that energy in which there is no reward, and the reward is relative to what this is all about.

The Not-Self 20/34 Constantly Wastes Energy

There is something to understand. Let's think about survival for a moment. We're no longer in a situation where—at least those of us who are advantaged in this life in a situation where our survival depends on us being able to go out and to hunt successfully in the traditional sense, to be able to defend ourselves against invaders, and this and that and all of these things—that we don't have to be constantly defending our territory and all this kind of stuff.

And yet, when you take all of this and you put it into the modern context, it's just a change in the language more than anything else. It's not even that, as a matter of fact, just simply the circumstances of being further down on the evolutionary plane.

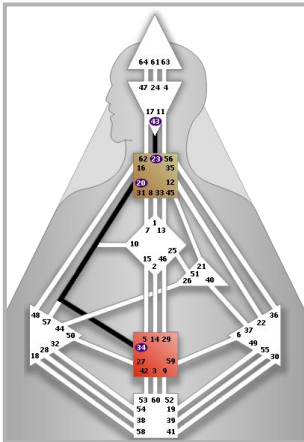


We all need to survive, we all need it to be able to handle what it takes to live on this plane, we all need to provide the resources in our life, and we need to defend and protect ourselves. We teach our children how to cross the street so they know how to protect themselves. This is all part of what is an essential ingredient in our lives. The fact is that the most disadvantaged beings, and what I mean by that is that those beings who earn in this life materially far, far less than their potential, that the greatest examples of those are the 20/34s. As not-self they are constantly wasting their energy. And because the 34 has this kind of focusing, obsessive, locked-into-process to it, when they end up being involved in doing something that is truly useless or is not important for their survival within the context of the modern world, all they're doing is taking away valuable energy that could be rewarded elsewhere.

Remember, what we call money is just energy, after all. It is just about energy. You get paid for your energy; you get paid for the quality of the energy and the results of the expenditure of the energy. If you're somebody who is gifted with an enormous power resource, this great life force, this action force, ready to take action, ready to jump like the predator in the savanna that lies there, is still, still, still, still, still until there's that moment, a jump because if you don't jump you're not going to eat, to know the timing, to be correct. And here are these 20/34s running around doing every kind of nonsense you can imagine. Just busy, busy, busy, busy. And not only is it non-rewarding, it is physically deteriorating.

Action Guided by Awareness

This is not what this energy is for. It's action that has to be guided by awareness. It is action that has to be guided by awareness in response to something. It is not there to initiate. There is no manifestation here in integration. After all, Manifestors are not responsible for life on the planet; Generators are. If there is a true source to what our power is, it is here. It has to do with the generative force. It has to do with response. It says survival is response.



It's the Rave New Year, be prepared for the unexpected. How do you prepare for the unexpected? You know how to make a decision. It doesn't matter what the circumstance is, it doesn't matter what happens, and it doesn't matter where the world is going. It's about how you make a decision.

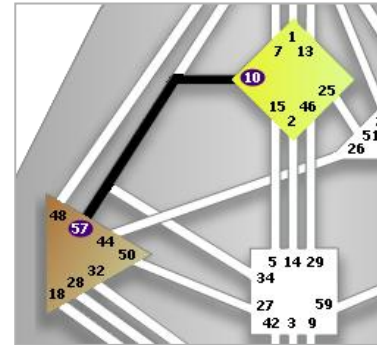
This is about survival. You can see that survival isn't about initiating. Survival is about responding. And it's not blind response. It's aware response. It's measured. Take action when action is necessary. Take action in response and you will succeed and you will triumph and you will survive. You don't see lions running around an empty savanna when there's nothing to hunt. They find a nice tree, lay down in the shade. They hear everything that's going on.



Oh, we are more sophisticated yes, yes, yes, with our neo-cortex, fancy box. But in the end the same rules apply. If we are to understand the life forces that emerge out of this power resource, we have to see that the golden rule for survival on this planet, on this plane, it is written here in these two empowered zones. This is what it's about to be aware, to wait, to take action when action is necessary. That's survival.

The 57/10: Behavior Guided by Awareness

All right, so that's what the 34 brings us. Let's look and see what the 57 brings us. We've already seen the archetype. But the 57 in integration has another profound relationship and that's to the 10th gate. And of course, the 10th gate, *Treading*, treading on the tail of the tiger, beware; well, it's the gate of behavior. It is not just simply the gate of behavior, because it is a vessel gate which is the potential to love oneself. And to love oneself displayed through the quality of one's behavior. This is not simply behavior in the sense that one is behaving according to the demands and needs or the projections of the other.



Remember that in integration we are dealing with something that is deeply selfish and that the life force is only interested in one thing, survival. This is all about survival. It is the correct behavior for survival. And again, this is the intuition brought to this. It is behavior guided by awareness. This we call perfected form, behavior guided by awareness, and behavior that is guided by awareness in response.

Your behavior is relative to the environment. If you're walking through a jungle full of dangerous animals, you don't wear bright clothes and carry a boom buster loud sound system on your shoulder blaring away. You're going to die. Behavior isn't something that is set. You learn that in the 10.1. The foundation of behavior is to know how to behave in different circumstances. It's how you survive.

It's one of those classic images of changes in the nature of warfare where you had all of these armies in the 18th century that were still following these sort of ritualized "We're all going to stand in line and we're all going to sing our songs and we're all going to step at the same time and set up at the same time." And all of a sudden there were people coming out of the shrubbery and shooting them in the back. They didn't know how to change their behavior to conform to the situation so they died.

Behavior is About Survival

Your behavior is about survival. It's so obvious when you think about it. How is your behavior going to be able to respond with awareness if it's not hooked up? It has to be hooked up. This is the perfect form. It's why the 1st line has a nickname



of the chameleon in the 10, taking on any kind of behavioral mode in order to survive. Those of us who have the 10th gate or through genetic continuity in terms of the line functions, we all have a behavior that will suit us, that will allow us to survive in given situations.

It is this variability to find that perfected form that brings love, which brings love into the appreciation of self. I survived; good for me. How did I do that? Wow, I made it. So many times in the history of humanity, day after day, millions and millions of beings have had that experience, the survival rush. And we all know that in the modern life. By the time you get into your 40s, 50s you suddenly realize that you actually know how to survive. You finally can be comfortable with it. It brings a great deal of ease to the consciousness. It's what we seek in our lives. We are bio-forms; we are cursed with that, after all.

For so much of humanity, the dilemmas of the form interfere with any possibility ever of getting out of its traps, and survival is the key to it. Integration is there in the bodygraph because there would be no form without it. Oh, there would be a form, but it wouldn't survive. It doesn't matter whatever the possibilities are of this form, it's got to stay alive to realize it. We can see that the intuition of the 57th gate, this deep acoustic potential, this immune system that is listening, that's on the alert, that's concerned about its environment, it's paying attention to what's going on. That awareness is there basically only to bring one thing about; that is, the exact behavior necessary to deal with any circumstance.

So if you got to run, run. And if you have to hide, hide. It doesn't matter what the face of it looks like. It doesn't matter what the role projection of it happens to be. It is about the awareness to know how to behave in any given circumstance. This is survival in the world. The longer we survive, the greater the possibility of what is possible for us. In the nine-centered vehicle with the extended lifespan, with a mid-life in the 40s, with a flowering in the 50s and beyond, you better know how to survive.

If you don't have the correct behavior, you're going to stand out. It's not going to work. You're not going to love yourself. This is at the core of our nature. So many human beings suffer in the world, particularly on the material plane, because they don't know how to survive. What that comes down to is that they don't know how to make a decision. It isn't anything else. No matter how profound this knowledge is, no matter how deep you can go, it still begins with the same mechanical premise.

Everything about this integration, if you take it as the way it's illustrated, because again remember that some people have it, some people don't, some people have this part, that part, the other part; it's quite complex. But you're taking the example of the full integration. You get to see clearly what survival is about. You get to see it clearly. We are here to have the right behavior in response to any circumstance in the now. We are empowered with awareness to adjust that behavior to any circumstance in the now. It is our gift.

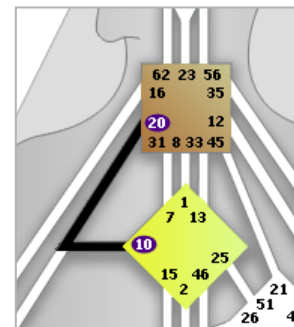
So we have this incredible empowering force, self-empowerment of the 34 to bring out the archetype, to bring us the potential of taking correct action when action is



necessary. We have the awareness that gives the power its quality, its effectiveness and the awareness that guides our behavior. So we know how to act in any given circumstance.

The 20/10: I Am

And then we have the final ingredient. We have the 20, and the 20th gate in its relationship to the 10th gate, and as we've seen its relationship to the 34, this taking of action when action is necessary, action in response. But the 10, this behavior has a very, very different expression between what it means to be guided by awareness to have the correct behavior for a circumstance and how that behavior is ultimately expressed in the now as "I am." If the 10/20 represents anything, because it has one of those names we find very attractive, *awakening*—always remember that Human Design is a duality, it is a dualistic system, that the gate of power can be the gate of powerlessness, that the gate of charisma can be the gate of sheer boredom, whatever, perfected form can be imperfect form—awakening can be fast asleep.



The 20th gate is the "I am" gate. It is the true and only "I am" gate. It's what the 20th gate is all about. First of all, it's a gate in the Throat. Obviously, it is a gate that standing on its own has the potential to articulate, has a potential to express in language. And any of you in your educational process know that this "I am" of the 20 becomes many things, in a sense dependent on the way in which it is connected and the way it is connected particularly in integration.

But this "I am busy now, I am busy doing something for myself now, I know what I am busy about for myself," all these "I am, I am." But the thing to get is the "I am." It's not about anyone else. It is about this incredible survival: I am. It's all we have. We don't have anything else, we only have our "I am."

There is either "I am depressed" and "I am messed up" and "I am unhappy" and "I am bitter and disappointed and frustrated and angry," and "I am this and I am that." The not-self laments that I'm not good enough and I am not fast enough and smart enough, and this and that. Here it is a pure essence of it.

In its correctness, because that is what it's about, when this power of intuition guides the behavior in the now correctly through response, then you get to see the "I am." It's not a statement that has an answer, naturally. In other words, it's not "I am this" or "I am that." It is an "I am" waiting for circumstance. It's an "I am" waiting to express itself in the moment. It's not the same "I am" a moment later, necessarily. And it is only that "I am" of the moment that is the essence of the being.

It's the teachings of the Baba Ram Dass—I am here now—all of these deeply existential philosophical blah, blah, blah. By the way, it's not for everybody to be in the



now. It's what we get to see in the complexity of Design. After all, we're looking at an infrastructure here. Not everybody has it. Not everybody is focused specifically in this area. And so many of the survivors are keeping the non-survivors alive, because all of the other circuitry organizes us into support and sharing mechanisms that's totally alien to integration. In that way we balance it out. In the same way that Socialism tries to balance out the cruelties of capitalism to make sure that those who can't quite make it are looked after.

Security Comes From Making Correct Decisions

But all that's different from what this is. This is about only being able to recognize who you are, not by what you think, not what you imagine, not by what the history is or the future is, but it is how you function in the now. It is not important to me whether that functioning in the now is rooted in any kind of existential awareness. It doesn't have to be, because we have a key. We can bring anyone the benefits of these survival life forces by bringing them their Strategy and Authority because that's actually what you're getting.

Your ability to make decisions correctly is going to provide you with the security you need in this life. It just will. It is the grace that comes to those who are not endowed with such a thing, who are not here to be existential, who are here to be lost in the future or the past. Or like most human beings have a little bit of everything. The survival of the nine-centered being isn't based in this. Do not romanticize this and take it out of context, folks. It's old. It is the continuity from our genetic mammalian past. It's old. It is not the be-all and the end-all. It was once because survival was the number one thing.

It means that in order for anyone to be able to gain the benefits of this resource, all they have to do is follow their Authority, their Inner Authority. This awakening, because is it such an interesting concept, this force, this behavior expressed as a voice, because primarily that's what it is. That voice, this "I am" voice speaking from its own source. Everything about the trajectory of anybody who enters into the correctness of life is that ultimately we are here to see ourselves, to see who it is. For most beings it's difficult. It is the role of the passenger consciousness, what lies behind the veil of our mind. It is the role of the passenger consciousness to be a witness of the life, to be a witness of what that "I am" experience is.

However it views it, it doesn't matter. Whether it views it existentially or otherwise is not the point. But everything about being correct is about realizing what your true, differentiated, uniqueness on this plane is. It is the ultimate expression of "I am-ness," because remember the primitiveness of this 20. It is really only saying one thing. I say it myself. I am a survivor. That's my "I am." I learned that from my survival of my encounter. I'm an integration survivor. This is my "I am." I survived.

This is what that "I am" is always there to state. I am alive. I have survived, here I am. That's very primitive. It has its own aesthetics, I well know, but I want you to

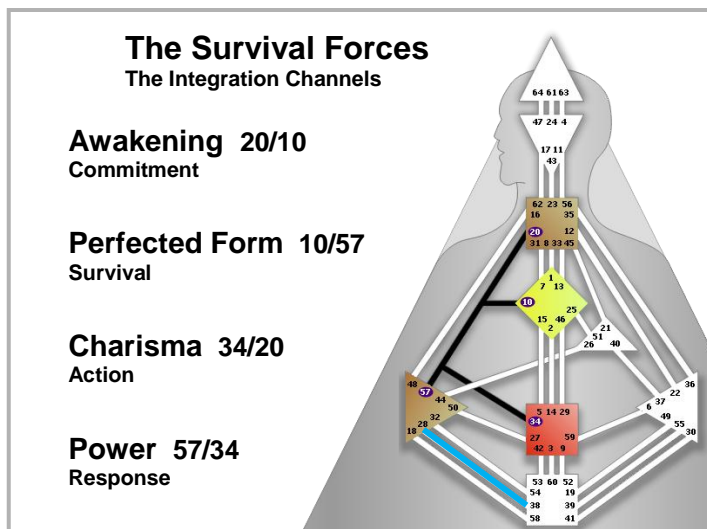


see it in context. This is not about we survived, it's not about I survived and let me tell you how I did it; it isn't about any of that. It's deeply, deeply, deeply selfish. This is the perfection of the underlying power of what it is to be a bio-form. All of the basic forms we look at on this plane all operate out of this imperative. And in the end of the day or in the beginning of the morning, whether it is the birds that are singing or it is the animals that are making their noises, each day as that sun rises, they all express this one essential life force. I am, I am here, I am alive.

It's not like that is a cognitive, intellectual process for most species; it is not. But it's there deep inside of them, what integration brings to us. What this archetype, at the very basis of it, brings to us is that our power lies in our ability to be aware in response to the circumstances of life. It's why Strategy and Authority is so important, and it is *the* integration for humanity, in that sense. It's an upgrade, if you will. It's a way of surviving while bypassing the most deeply selfish and self-absorbed survival processes. It's a way in which the collective and the tribe can survive. And survive not in the sense of the not-self survival, but survive in the sense of transcendent survival, to go beyond it.

After all, think about integration. Integration says if you get this right then all the other stuff is possible, and it's so true. It's just the way it is. It's something to understand. If your parents were good at survival and you were advantaged because you have an education and good food and whatever the case may be, you immediately have benefited from it. We know that. This is what this whole survival game is about. It's only those who are skilled at survival that ultimately lay the foundation for the possibilities of what go beyond survival. It's the great lesson that comes to integration when they meet at 28/38 [blue line below], because the 20 says "I am; I survived," and 28 says to them, "Is that all what's life about? Is there nothing else? Is it just for survival? Isn't there something more?"

It's the magic of the 28/38, the same magic you see on the other side, the 39/55.



There is more to life than just the surface. There is more to life than just survival; if there isn't more to life than just survival, why bother? It's a tough trip, and the 28 deals with death all the time. Why bother? Why don't we just give up if there's nothing else? There has to be something else.

So, you have to see integration in its perspective for what it really is. It's a wonderful force. It's this incredible dynamic that really keeps us alive, and keeps us alive

through the expression of awareness so that our behavior, the way in which we op-



erate in the world, that we can survive in this difficult, difficult plane. What a triumph. But it's only an aspect of our nature. There is so much more to what it is to be us, particularly to what it is to be us as a nine-centered being. But yeah, we can't have all of that if we hadn't had this.

So when you're looking at designs, when you see integration in somebody, and particularly when you see it and it's not offset by a lot of collective or tribal activations or definitions, you have to understand how difficult it is for these beings. They're so locked in as not-self, so locked into the survival that they have cut themselves off from a real life. We have the great panacea, the great cure for anyone with any configuration. It doesn't matter. It's just Strategy and Authority.

As long as you can honor your own Authority, you'll see that survivability is not what it's about for you, that no longer is that something that has to burden you, that there's something else, much more, in that sense. The possibility of what it is for you ultimately to express what your true "I am" is. And not so much in the expression of it, but in your ability as a passenger to be able to see it emerge, who you are, the mythology of your uniqueness, living out your cross, your profile, your design, your perfection. Only then is it possible to see who that being truly is.

I hope you enjoyed that. It's always fun to go back and look at things. But, anyway, to all of you, you take care and again I wish you all well in the new cycle. And until next time, bye for now.

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Next month: *The Forces of Expressed Identity*



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