# THE LIFE FORCE

# THE CHANNELS - AN INVESTIGATION FOR BEGINNERS

RA URU HU





INTERNATIONAL HUMAN DESIGN SCHOOL





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#### **INTRODUCTION**

The Life Force energies of the Channels is one of the least explored areas in Human Design. A great deal of written and audio material is available about Gates but very limited information on the Channels.

This course, originally taught in an 11-lecture series in 2008, was designed for newcomers as well as long time students of Human Design. It offers an in-depth examination of the Channel as a quantum expression of Gates.

We hope you enjoy this journey.

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# LECTURE EIGHT

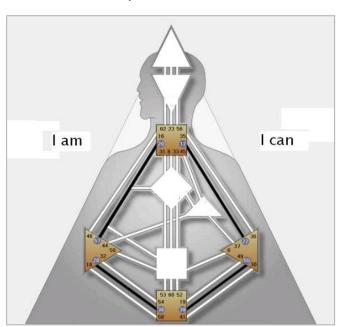
# **The Mutating Forces**

#### **Individuality is a Creative Force**

All right, we come to mutation and we come to the mutative forces. We looked at the collective forces, the experiential and the experimental. Here we're looking at really the central theme of our potential, because that's what individuality really represents at its deepest level, is that it represents our potential. That is, our potential is not determined by the experiment or the experience that it is a creative

process, and it is a creative process that is rooted in mutation and that everything about the nature of being and everything about the nature of a bio-form is that mutation is something that is always possible.

When one recognizes that individuality carries with it a deep creative aspect to it that this is what truly enriches the life, it's what gives the life value, in a sense. It is one thing to be able to work with patterns or to go through experience, this is testing the world. The whole thing about individuality is that it is a deeply creative force, and it is not held within the constraints of the world, to be metaphorical.



### **Knowing Often Has No Way of Expressing Itself**

These are very unusual forces. And these are the forces that drive the dynamic that in a sense underlines the presence of Human Design in the world. That is, the possibility of the establishment of unique absolutes, the perfection that is possible in the differentiation of a single being, any single being, that that is the Holy Grail of our

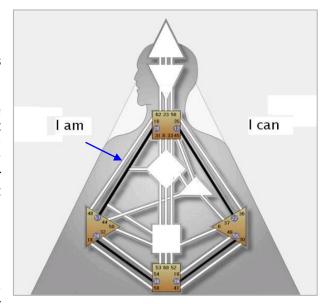


consciousness pursuit to be able to stand as pure absolute authorities within ourselves. And in so many ways this is its expression in a sense within the BodyGraph. That is, genetically within us is a potential, a deep driving mutative potential to bring us to a place of knowing. And knowing is something that is very deep. It is not like understanding or making sense out of things. Knowing often has no way of expressing itself.

It's so interesting to see the dilemma of how difficult it is to express knowing, because knowing is unique. It's not based on a pattern. It's not based on an experience. It simply exists or not. And of course, this is the pulse of what individuality is, that pulse that originates deep here in the connection between the Root Center and the Sacral in the format, the 3/60, this mutative format, this pulse, this there and not, and there and not.

Here the symmetry is almost perfect. That is, the symmetry of "this and that." And yet, it is so interesting because it is so different, and yet it is so similar. Over here we have the big "N" word. We have the Now. Now—this thing that is and is not, because any now disappears the moment that you think you have it, because we're moving, this endless Now. It's really about presence. And on the other side we have the big "W," we've got the Wave.

The now is rooted in the Spleen, because the Spleen says look, if you're going to survive you have to be able to make decisions instantly, magically. This is the incredibly fast



processing system of the Spleen. It's incredibly fast in processing information; it has to be. And so everything out of the splenic system resonates, it vibrates to this immediacy, this tension of being in the now.

#### The 20/57 "I Am"

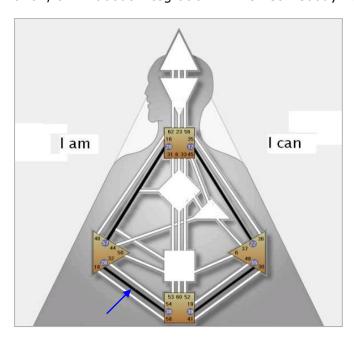
And what is there in the now? What is the root of the now? It is this "I am." This is being alive. It is the self-recognition of life. After all, this is part of very, very primitive infrastructure in the BodyGraph, this channel, the 20/57. Obviously, there is a deep relationship in it, as well, to the whole process of integration and the bedrock of what it is to be a bio-form that can survive on this plane. And more than that, how profound the influence of the Spleen in eventually being able to establish the cognitive alignment of the way in which the Ajna Center, of the way in which our conceptualizing G Center is going to work.



This is very, very deep and old within us, this "I am" and it has a voice. You see this in the mammal, because in mammalian design the 20/57 is there. And it is that voice, that sound that the mammal makes, whatever the mammal may be, whether it is sheep or dog or cow or whatever, that expression of "I exist, I exist, I exist." This is our "I am." And yet, our "I am" is not as fundamental and mundane as simply the auditory expression of existence that the dog makes when it barks. I've had dogs all my life. And you dig into any kind of research on dogs and the one thing that nobody understands is why they bark, what it is for. It's an "I am." It's in their context of "I exist, I exist, I exist."

#### The 28/38

We're more complex than that. I think one of the most fascinating channels for me, because I am an integration person, is the 28/38. This is an incredible force. First of all, think about integration. When somebody has integration they're really caught



up in their own trip. These are the most deeply selfish beings that exist. They're totally into their own trip. It's not their fault, by the way, but what to do. They're focused on their unique in-the-now survival. You meet a 20/34 when they're doing something, it's very, very hard to get their attention. I'm into my thing and I'm into my thing now and I'm lost in that.

And the fact is that when you look at this within the nature of human sexuality, for example, the nature of caring, you see that this is totally absorbed in oneself; totally, totally absorbed. I care for myself; I care for my own existence. But the moment you bring

the 28/38, this totally self-absorbed selfish individuality, and specifically the 20/57, suddenly is ready to pay attention to the other, is suddenly ready to care for the other. And why, what magic does this bring?

I've watched it all my life. I have this channel in lover's children; I've seen it in every possible way. The 28<sup>th</sup> gate, particularly, I'm a 20/57/10 and the 28<sup>th</sup> gate in my life is one of those things that is there wherever I look. I have nothing in this channel, so I've had a very interesting process in looking at that and watching that over the years. And you look at this 28/38, this force, this is the Channel of Struggle. People often forget that Human Design is a deep, deep, deep dualistic system

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that every single channel can be understood by its opposite. This does not have to be the Channel of Struggle. But it struggles for something.

This is what gives life its meaning. The meaning of life is not derived from the pattern or the experience. This is what we do over and over and over and over and over again, because it is the plane that we're on. This is something deeper than that. This is what gives life its meaning. There is an inherent, not so much search here, but a demand, in a sense, that existence is more than just being born and dying, that there's something else. And this is what the 28/38 brings. It brings this incredible struggle to find purpose.

#### The "I Am Because"

Integration says, "Hey I'm cool man, I'm alive, I can survive." And the 28/38 comes along and says, Yeah, but isn't there more? There has to be more. It can't just be that we are here just to survive." This is the thing that makes this force so extraordinary. And it's mutative, it's individual, it's in the pulse. At any moment the struggle can end. It ends in purpose. It ends with a corollary or an addition to the "I am." It is the great "because." Oh, how human beings are addicted to "because," it's funny.

So the "I am" becomes "I am here because," oh how good that "because" feels. This is the power of the force of the 28/38, the power of this struggle for purpose, to give the monotony of turning on the wheel some glamour, some romance, and some art. For me, this is how the savage got dressed up. It's beautiful in a way, this play, this drama, this movie.

What is purpose, after all, but a costume that you wear? In Design we call it your Profile, your Cross, to get there, to find your "because." And in doing so, moving further and further away from the basic I am, that basic I am that says, I just am, and that's my glory. The ancient primitive "I am now," this is it; nothing else. This is the "I am" that says, I need no purpose, I am purpose. And the 28/38 says, not enough. I've got another mutation for you, not enough; "I am because"; and everything changes.

The collective and the tribe are very uncomfortable with individuality. It fucks things up. It really does. And the moment that the individual "because" becomes a general mutation, the collective has to deal with it, has to learn a new trick. Old dogs hate new tricks. And the world is always changing. And because this is art, it is never fixed. It's not like the pattern of logic. It's not like the experiential history. It's art; the art of being human.

I try to teach you a new art form, the art of being a nine-centered being, this "because." It's an art. And when I say that, to understand that the most deeply creative thing you're ever going to do is to discover you. There is nothing more creative. And in doing so, a new artifice emerges. For me, this is all a drama. There are good actors and actresses, and there are poor ones. There are great scripts and there are



lousy scripts. There are wonderful sets. There are all kinds of things. It is a drama, after all. And we are characters in this play, each and every one of us; characters without distinction is the world, homogenized characters, the flotsam and jetsam of the background of any kind of drama who never get to be stars, who never get the good dialogue, who never get the big credits.

The whole consciousness movie is the same thing. I've watched the history of purpose. There is no absolute in it. It is just the driving mutative force constantly driving individuality towards its ultimate expression, which is its own uniqueness through its own Inner Authority. This "I am," we are characters. How well do we fulfill the potential of these characters? You look at your Cross, your Profile, how well do you fit into that costume, because we are given within the mechanics of Design where this purpose leads to.

And without it, if you don't find your "because," and look at the world around you, the homogenized world is what people are chasing. They're chasing a purpose. Some of it is very, very, very mundane just to be able to have enough. But they're all chasing homogenized purpose, to be able to put something after that "I am," it's not just simply "I am." This is my reason for being. I am here to—you know; that's why so many people end up with religion as their only answer, because they don't know how to complete this sentence. They don't know how to go "I am because." They don't know where to go. They take all the homogenized concepts that are floating around and they grasp onto it.

Because the way this works in reality out there in the world, this is individuality. It is deeply melancholic. The normal expression of creative purpose is not something that is natural to the not-self. They simply suffer under the pain of being different. And they live with their depression and their depression becomes their "I am." It becomes their character. It is the sad one. Every story has these characters, the ones that are adrift, the ones that can see no purpose, the ones that can see no meaning, see no value. The ones to which "I am" is just unfair.

#### The "I Can"

It gets much more powerful when you go over to the emotional side, if such a thing can be more powerful, because I am giving it its appropriate drama today. I guess you can taste that. So the "I am" is so that the "I can know in the now." It's really what it's about. It is to know that answer in the now, to know that reason, that purpose in the now. But this is something else. This is "I can"; not "I am." "I know I can, I know I can," however, "I know I can" in a wave. It's hard to find knowing in a wave. It is a symmetry, after all. These life forces here are really something. Here we have this incredible channel of struggle for purpose, and here we have this incredible channel of struggle for spirit, because that's what it is. Oh, the language is the language of moodiness; yes, yes. But that's what it is.

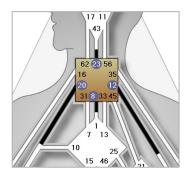
It is a struggle to find the spirit. This is not about finding the purpose. Remember that we are never just one theoretical aspect that I happen to point my finger at.



This is a complex matrix, and it has many formulas within any of its circuitry or its streams. But it's something to grasp here about what the individual contribution is to the life itself. Remember that it is the central theme of the BodyGraph. That is, it is the central dynamic; it is the direction, the mutation. It is the movement. It is the way that we go, because this is about life.

#### **Purpose and Spirit**

And of course the thing to recognize is that these two aspects that are presented to us by these life forces that they become the basic ingredient in whether or not we are going to be comfortable in our lives or not. The cliché would be to say, "Are we



going to be happy or sad," but that's the cliché. It really isn't about that. It is about whether one is okay with existence or not, because in the end that's what it really comes down to, this combination of purpose and spirit.

And this spirit is part of the answer that individuality is trying to express in the Throat. There is nothing more complex than individuality in the Throat; that is, of the 11 gates of the Throat, 4 of them are individual voices. So it is the dominant voice of the Throat. And you can see that in this, this "I know I can make a contribution," "I

know that I can explain to you what you need to know," that this ability to contribute, this ability to be able to structure is dependent on whether or not there is a purpose and the spirit to go with it, because it's altogether.

When you see it is a formula within the way in which it works within humanity as forces that, this is the formula: purpose and spirit. This is the fundamental underlying mutative transformation that is built into everyone as a possibility. And yet, at the same time, you have to see that it's creative. It's creative.

#### **Our Dualistic Experience**

I'll digress for a moment. When I think about the nature of life, it is clear to me as a dualist that this experience of being alive, that this is a deeply dualistic experience. There are two things at work. There is the body, the form, the brain and everything that goes with it. There is this vehicle, and it has a life within a program. It is a form moving in space. It has a geometry. It has all kinds of obvious potentials. And then there's a passenger, this personality consciousness that somehow is embedded inside of this interesting meat package. And the moment that you are convinced that the life is your life is the moment you're lost, and you never get to live the drama, and you never find the purpose or the spirit.

This BodyGraph describes the holistic vehicle, the way in which it operates. Each and every one of us is here as passenger consciousness to be able to release ourselves from anything other than being the observer of the phenomena, and the phenomena, and the phenomena.



nomena is you. I am an observer of the phenomena that's Ra. I'm just an observer. And in that I see what it is, what happens to it, the way it operates, because it is an "it"; it is.

#### **Purpose and Spirit are Themes for the Vehicle**

When we think about these themes of purpose and spirit, they are themes of purpose and spirit for the vehicle, because there's no other way to get there. Oh, do human beings suffer, oh do they suffer; they're very messed up. It's all the mind. It's endlessly the mind. It's the claptrap and bullshit of the mind, the deep, deep, deep manipulation of the mind. And you get stuck. You get stuck trying to run this thing, and then you become caught in this painful, painful struggle to find a purpose you cannot find, and a spirit that you will never have. And it brings this deep malaise and sadness into life.

For me it is so clear that you only find your purpose and your spirit when you are released from trying to figure out what the hell that is, because it's only your mind playing with you. You don't know until the vehicle lives it. It's the vehicle's life. And here we have this deep, deep struggle within us for spirit.

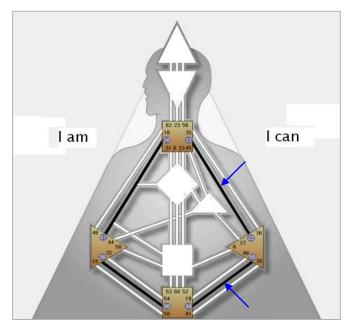
#### The Solar Plexus Mutation

You cannot talk about this part of the BodyGraph without understanding that it's responsible for the most profound mutation and coming mutation in our history. The mutation of the larynx in the  $12^{th}$  gate that opened up the possibility of the articulation of sound formulas, and now the mutation that's taking place in the Solar Plexus

Center through the 55<sup>th</sup> gate and the 49<sup>th</sup> gate. This stream is so deeply, deeply mutative.

And there's something interesting, obviously, that's at work here in this mutation that is taking place in the 55. The Root Center has a very, very unusual relationship to the emotional system. That is, the Root Center is a pressure on the emotional system to stop being in a wave. That's what that pressure is all about coming out of the root. It's trying to lock; it's trying to fix the Solar Plexus system.

And in a sense, the mutation, to be simple, that's taking place in



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the Solar Plexus is about the elimination of the dominance of the motor wave, the motor wave that has given us what we call the emotional field and the distortion that has arisen out of the wave process of the emotional field. There's obviously a transformation that is taking place within the Solar Plexus, and that transformation is deeply going to impact this wave pattern.

As it is, individuality is not an emotional quality that exhibits strong wave pattern. That is, it tends to plane. It tends to operate at relatively the same frequency and will go through periods of peaks, whether those are rising up or falling down peaks, but generally speaking, it can actually be quite flat in the way in which the emotional field is put out from this system. That obviously is the power of the impact of the 39, to begin with.

The fact that the 55 is in mutation, the reality is that this struggle for spirit is something that is changing. I think that it is one of the things that is so satisfying to the individual aspects that are inherent in anybody's design, after all, there's more individuality than anything else in the BodyGraph. Most human beings have at least a gate that belongs to an individual stream or circuit. This is our link to change. This is our link to being able to adapt, because that's really what it's about. It's the deepest capacity within us to survive.

And more than that, any individual aspect within you resonates to what is at the core of this knowledge, which is to liberate the unique being so that you can stand on your own Authority and to be able to function in this life in which that purpose and spirit emerges. It's like those old stories about if you go looking for wisdom you can end up writing a good travel book. Those things that you seek, they have a way of hiding from you. It is about knowing how to exist that allows purpose and spirit to emerge.

#### **Signature**

The other night, on Sunday Cathy [Kinnaird] did her introduction to Type and Signature; by the way, I enjoyed that Cathy. Signature is something that's really so important to grasp, because it is the great promise. And it is in the Signature that literally you find—it is the by-product of your realization of purpose and spirit. It is. The Generator that finds satisfaction has found purpose and spirit relative to that experience in that moment, in that place in the movement. But of course, this is what individuality tells you all the time anyway. It says the now is forever. The now is forever. Well, as far as forever goes. But that's what the now is.

This beauty of what this life force brings, and to understand these two forces, this is what gives life its character, its potential for character. It is an underlying theme of differentiation that is there in the BodyGraph. It says: I have to have a purpose; not we, not you, not us; I, my purpose, my spirit, my creativity. We are art. This is what individuality teaches us. It's what so beautiful about us. It's art imitating life; or something like that.

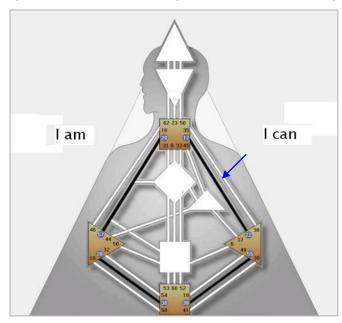


#### The 12/22

In human sexuality, the 12/22 is all about romance, about poetry and words, basically. And whether the words are just prose or fine poetry, whether the words are riding on top of a musical frequency; after all, individuality carries with it a deep

musicality to it, it is acoustic in nature. And it says that one of the ways in which we express our spirit must be in our language, must be in the beauty that is possible in the way in which we can communicate with each other. It can be something very, very extraordinary, in that sense.

For me, it points to what I talk about in terms of the potential of each human being in terms of their Outer Authority. To meet pure Outer Authority, to be able to communicate two beings out of their pure Outer Authority is a kind of contact that it is an ideal; it's not something that exists. Human beings, despite the fact



that we know how to speak, we have enormous dilemmas in being able to communicate—talk, talk, talk—but our ability to communicate, that's something else.

And it's not about how many words. Sometimes words, you don't need many. It's not about that. It's about understanding that we are here to express our presence, and we are here to do so creatively. It always reminds me of family sitting by the fire and the father is telling a story and in the middle of the story his child interrupts and says, is that true, and his mother smacks him gently on the back of the head and says, don't interrupt, it's just a story.

#### **Life Needs Drama**

Life needs drama. You go back into the most primitive societies; they had their way of creating dramas, organized dramas, whether they were pretending to be some kind of animal. We need drama. Why do you think there is so much hyperbole in history, so much puffery, so much this and that, so many lies? But we need the drama. And of course, for me there are two ways of looking at this. I see the drama as it emerges in the homogenized world through the not-self. It's not exactly delicious, but it is something to understand about us.



And when I say that we are here to dramatize our lives, what I mean by that is that our very existence is the stuff of our Outer Authority. We're not here to take on the cloak of someone else, to be dressed up like everybody else, bowing down to the same concepts. It is not what we're here for. There is nothing in individuality that says I am a "yes man" or a "yes woman"; that is not what individuality is about. It's not what uniqueness is about.

It's not about seeing that life is boring, dark, difficult, all those things. Certainly that's what at least half of all humans experience most of the time. If you don't get to live correctly, you never get to see how beautiful it is, how interesting your character is, and how deep, how rich the resource of that potential Outer Authority. We are not here alone. Individuality is not alone in the BodyGraph. We are not here alone. We are here to be with the other, we cannot avoid it. And yet, at the same time, we have to see that if we are not correct, if we do not live out our drama, if we do not live out our story, if we cannot live out our purpose and find our spirit, then it doesn't matter. Your relationship with the other is all just lost in the homogenized movie and you'll be pigeonholed like everybody else into that's who you are, you're that kind of the person thinking those kinds of thoughts, the madness of the homogenized world. It's really mad.

#### Life is a Creative Process

This is about understanding that there is beauty in us. That life is a creative process. It's not fixed in stone. It isn't. It is this incredible pulsating unfolding. The moment that you're disengaged, because you have to be, you can't allow your mind to take away from you this chance now. Are you going to wait for your next life, you're going to bet on that you're getting one? Individuality says: Now. Mutation says: Now. Now is forever; now. And it's all about the struggle with the mind. It's why the whole nature of being is about struggle, struggle, struggle, struggle. And it's this mind that gets in the way.

Homogenization strips you of whatever possible purpose or spirit can be found in your life. These forces become negated by the not-self mind. They just do. And the mind is so beautiful. After all, it is the most delightful gift of the vehicle to us as passengers. The facility we have for this so-called self-reflected consciousness. It is unbelievable, this mind. And its potential is even more unbelievable, because its potential has been locked behind millennia and millennia and millennia of conditioning, fear conditioning. Old seven-centered fear conditioning; the fear for survival—get to the top of the ladder, control everything, defend yourself.

# Strategy and Authority brings the Reality of Your Nine-Centered Life

But we're nine-centered beings. We have been for a long time now, and different. You don't have to rely on your mind to protect you anymore, because it can't. It's what Strategy and Authority brings. It brings the true revolution of moving away from your seven-centered conditioning and moving into the reality of your nine-



centered life. We are a binary consciousness. And in that binary consciousness, each has a role. And it's about time that we allow those roles to be played out.

The Inner Authority that guides the vehicle, that aligns you to a trajectory and geometry that is correct for you, that takes away the resistance in your process, that opens up the possibility of mind to begin to observe, to begin to watch, to begin to experience a different kind of perception, because when your mind isn't busy with all the stuff that it's normally busy with, you begin to discover its acuity, how sharp it is, how clear it can be when it takes in experience, without needing it to serve some kind of an agenda. And it begins to change the way in which you can express yourself.

#### **Inner and Outer Authority**

We have two authorities: the Inner and Outer Authority; the Inner Authority for decision making, the Outer Authority for communication, this communication of the unique individual drama. "I am now." Hear this; and I know because I can watch it and see it. It's only when you begin to see that your vehicle will look after you that all this deep underlying struggle slowly begins to dissipate, because this is what it's about.

Uniqueness is not about measurement, so there is nothing to measure. It's not about you can be more unique than somebody else, or you can be a better unique than their unique. All of that is just absurd. This is an incredible freedom. And more than just a freedom, it brings perhaps even an obligation to be able to communicate the uniqueness of that perception, to enrich our lives through the quality of our communication with each other, because communication, in the end, is the most extraordinary bond that can exist between beings.

#### The Not-Self Mind

When I look at these forces, what I really see is the need for all of this power to get to the Throat to be able to express itself. This is what we are about. It is the great tragedy of the world that we live in that human beings, when they open up their mouths, tend to lie. And by lying they are simply not telling the truth, they're hiding things. They're not saying what they really want to say when they want to say it or could say it. They change the way they say things because they presume that it may be taken this way or that way. They project on what they think somebody else is going to say, so they say it first, and all of that to protect themselves, all of that to shield themselves. This is the not-self mind at work. This is the great sickness of it.

You can go nowhere in this life with your mind making your decisions, and you're not going to find a way out of the struggle. You won't, it becomes the burden of your life and you live out the not-self theme and you're far away from what is the Signature. Human beings' lives are nothing more than not-self themes played out grand on big stage. The world of frustration and the world of anger, the world of bitterness and



the world of disappointment, it's our world. Human beings are saturated with this, to the point that it stinks, that you can smell it in just about every being on every street. It's always there—anger, frustration, bitterness, disappointment, it's always there. This is our world. This is what happens when the not-self rules.

#### We're Truly Alone

The Signature is so different, but you've got to get there. And you only get there one person at a time. You only get there alone. You only get there by yourself, within yourself. It's only when you accept that you're truly alone that you will look to yourself for help. Think about that. Only when you really understand this, you are alone, the only thing that you can rely on, the only thing that you could trust, the only thing that is there is you; not someone else, not someone's concept, someone's ideas, someone's God, someone's story.

The greatest dilemma is that human beings do not trust themselves. If you're operating out of the not-self mind, it's easy to understand. It makes so many screw ups; you have to live with them for the rest of your life. What's to trust? And people have grown up with conditioning all of their lives and they look themselves in the mirror and they're not pleased. These are not human beings that trust themselves.

#### **Self-Love and Self-Trust**

It's only when you're operating out of your own Authority that you build those two pillars of life: self love and self trust. And it's only there that you liberate yourself to the point where that "I am," "I can," is you living out your purpose. I can live out the creative life that's my potential. I am what I am; period. And out of this everything else emerges. This is the beginning of your life.

You begin your life the moment that you accept your aloneness. You begin your life the moment that not only do you accept your aloneness, but you trust in your vehicle, in your life, in your body, that you trust it, that it becomes your temple, that is where you bring your devotion to the perfection of your form so that you can be released into the pleasure, into the possibilities and the wonder of what consciousness is.

#### The World is Waiting for Unique Expression

We're not here to be stuck in mundane, lost, confused roles. We have a place on the stage of consciousness. We have a place in the wheel. We have a place in the substructure of the breakdown of that wheel into this bit and that part. The world is waiting for unique expression. This is the end of the road for our kind, what will mark our completion of our process is the flourishing and the flowering of unique Outer Authority. It will bring a new intelligence and wisdom into the world.



But most of all, it is what it is for each being. I don't have great concerns about the "this and that" of planet Earth. I'm very aware of the nature of the program and so it will go. Where I place my attention is on those of you that find yourself in the serendipity of knowing the mechanics. It's for you uniquely to reach where you have to go to live out this creative life. And the most creative thing that you're ever going to do in this life is follow your Strategy and Authority. It's remaking a distorted old painting and turning it into a work of art. And that's what we are. It's what we're intended to be, each and every one of us, these extraordinary differentiated works of art.

Well anyway, I hope you enjoyed that. To all of you, you take care; bye for now. See you folks, bye, bye.

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**Next month:** The Forces of Preservation

